

# Bulli High School Newsletter

Ursula Road, Bulli NSW 2516  
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[www.bulli-hs.nsw.edu.au](http://www.bulli-hs.nsw.edu.au)  
[bulli-h.school@det.nsw.edu.au](mailto:bulli-h.school@det.nsw.edu.au)

June, 2017

## Upcoming Events

### Tuesday 13<sup>th</sup> June

Year 8-Y-PEP Program – 9-12  
WOW Program

### 14<sup>th</sup> – 16<sup>th</sup> June

Duke of Edinburgh Hike

### Wednesday 14<sup>th</sup> June

U/14 Rugby League @ Croome Rd, Albion Prk  
P & C Meeting @ 7.00pm

### Thursday 15<sup>th</sup> June

Year 8-Y-PEP Program – 9-12

### 19<sup>th</sup> – 21<sup>st</sup> June

Girls/STEM Initiative @ Keira High

### Monday 19<sup>th</sup> June

Yrs 10-12 – White Card Training  
Elevate Young Leaders Forum

### Tuesday 20<sup>th</sup> June

WOW Program  
Yr 10 & 12-UOW Presentation 12.30-3.10pm  
Year 10-11 Subject Selection Evening

### 21<sup>st</sup> – 23<sup>rd</sup> June

Year 10 Subject Selection Interviews

### Friday 23<sup>rd</sup> June

Zone Athletics Carnival @ Beaton Park  
Yr 11 Crossroads – 'Wired'

### Monday 26<sup>th</sup> June

Year 12 – Blood Bank Visit

### 26<sup>th</sup> – 30<sup>th</sup> June

Year 10 – Work Experience

### 26<sup>th</sup> – 28<sup>th</sup> June

UOW Koori STEM Camp

### 26<sup>th</sup> – 30<sup>th</sup> June

NAIDOC Week

### Tuesday 27<sup>th</sup> June

Awards Assembly

### Wednesday 28<sup>th</sup> June

BLK DMD-Mock Interviews @ TAFE

### Thursday 29<sup>th</sup> June

Aboriginal Jibbon Walk

### Friday 30<sup>th</sup> June

Last day for Term 2

### Tuesday 18<sup>th</sup> July

Students return for Term 3



## Principal's report

I am starting this newsletter with this report from Mr B Pember, SRC Co-ordinator.

### Representing Bulli HS: School Captains Visit – Parliament House, Sydney

On Thursday June 1, our captains Zoe Lewis and Hamish Bell represented Bulli HS at the Secondary Schools Leadership Program organised by the Parliament of New South Wales. Held at Parliament House in Sydney, they were introduced to the NSW Parliament and visited the public galleries of the Legislative Assembly and Legislative Council chambers.

Afterwards, they undertook a guided tour of Government House and met with His Excellency, General The Honourable David Hurley AC DSC (Ret'd), the Governor of New South Wales (as shown in the picture).

Both students reported that they had a fantastic day and got a lot out of it, both educationally and personally. I thank the pair for representing our school so well. Hamish has included an account later in this newsletter.



Continued over page .....

*We acknowledge the traditional custodians of the land on which we live and work and pay our respect to  
Aboriginal elders past, present and future*

Proud member of the  
Seacliff Community of Schools



*Respect - Responsibility - Integrity*



# Bulli High School

## Newsletter

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June, 2017

### P & C dates for 2017

(2<sup>nd</sup> Wednesday of the month)

7pm in the Staff Common Room

Term 3: 9<sup>th</sup> August, 13<sup>th</sup> September

Term 4: 11<sup>th</sup> October, 8<sup>th</sup> November

### Register for E-News

If you are already registered you will continue to receive our e-news bulletins.

To register for e-news follow these steps:

- Go to the school's website:  
[www.bulli-h.schools.nsw.edu.au](http://www.bulli-h.schools.nsw.edu.au)
- Click on tab 'Newsletters & notes'
- Hit subscribe
- Enter your name and email as requested and follow the prompts
- You also have the option to download the App facility to your device

### Uniform Shop Hours

Tuesdays: 1.15pm – 3.30pm

Thursdays: 1.15pm – 3.30pm

### School Office Hours

Mon, Tue, Thur & Fri: 8.30am – 3.30pm

Wednesday: 8.30am – 3.00pm

### Student Absences

If your child is absent from school, please notify the office by calling 4284 8266 extension 4 and following the prompts.

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### Year 10 into 11 Subject Information Evening:

#### Preparing students for the HSC

I encourage all parents of Year 10 students to attend this information evening. Significant changes are being introduced for Year 11, 2018 including new syllabuses for a number of subjects. This is an opportunity to speak to teachers and consider the range of subjects available.

### Systems Transition

Thank you to all parents who are assisting our school transition to the new financial system by paying school fees and contributions before June 24th. I would like to acknowledge the great efforts of our administration staff who, behind the scenes and whilst still using the existing system, are ensuring the necessary preparation is being completed.

### Parent Teacher Evening

Many parents braved the cold and engaged with teachers when they attended the recent Parent/Teacher evenings. Thank you to those who completed the online survey on the nights. We are constantly reviewing our processes and are keen to receive feedback.

Semester 1 reports were issued to Year 11 students on Wednesday 7<sup>th</sup> June, Years 7 - 10 reports will be issued to students in Week 10. All Semester 1 & 2 reports are issued to students in the Bulli HS portfolio, courtesy of the BHS P & C Association. The portfolios are a great way for students to store all awards and other material from throughout the semester. The portfolios are also an excellent way to present student resumes when applying for casual work.

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#### [Practical and Responsible Mobile Phone Usage](#)

In a recent survey of over 220 NSW government high schools, 95% stated that mobile phones are allowed at school under conditions/rules/ limitations. As you are aware, Bulli HS students are allowed to bring mobile phones to school to use at break times, and before and after school. However, phones are strictly forbidden to be used whilst students are moving between classes and in class, unless instructed by their teacher and only for educational purposes. Students are not allowed to take calls or messages in class time, including from parents. Misuse of a phone will result in the phone being confiscated for the remainder of the day. Persistent misuse will result in parent contact being made by the school and students being placed on detention. Parents are asked to contact the school office if needing to get an urgent message to their child.

#### [Sick students](#)

With the onset of the colder weather, we have had a number of students reporting to sick bay and needing to go home. Parents are asked to keep their child home if unwell to minimise the spread of illness and to assist the school as we have limited resources and sick bay area. Students are not to contact home requesting an early leave if unwell, but are to report to the Administration office, and a member of staff will contact home.

#### [Proud to attend Bulli High School](#)

When students leave our school grounds wearing full Bulli HS uniform, including black leather/leather look shoes and white socks, it clearly says they are proud to attend and be part of Bulli High School. Jumpers, sloppy joes and jackets are available from the Uniform Shop at very reasonable prices. Parents requiring financial assistance can contact our Administration Manager, Marianna Hunt. Long sleeve undershirts and/or other hoodies or jackets are not to be worn.

Information regarding the orders for the new school dress is included in this newsletter. Orders will need to be made early Term 3.

#### [Day 1, Term 3 for students](#)

Students return on Tuesday, 18<sup>th</sup> July.

As this is the final newsletter for Term 2, I wish all families a safe school holiday. Last day for Term 2 is 30<sup>th</sup> June.

*Chris Gregory*

Principal

### Student Wellbeing - Good mood food



*What you eat controls the bacteria in your gut. The bacteria in your gut controls your mood and can now be linked directly to symptoms of anxiety and depression.*

We all know that eating a healthy diet is really important in keeping yourself physically fit but mounting medical research is showing that it could also be the key to good mental health.

Recent studies have shown that there is a **direct** link from a Western diet – i.e. one that is high in processed foods, sugar, soft drinks (either with or without sugar) to *poor mental health*.

Conversely, a “Mediterranean” diet rich in vegetables, fruit, whole grains, legumes, nuts, some dairy and healthy oils has been found to be protective and even curative for some mental health conditions. Adding prebiotics in the form of fermented foods helps even more.

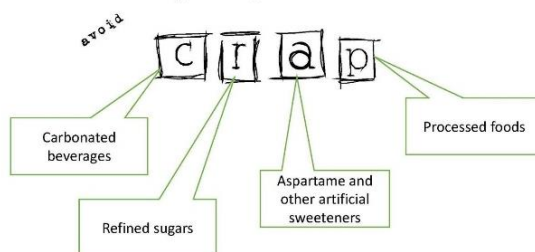
Our gut is inhabited by a whole host of bacteria – “good bacteria”. This is our gut biome or gut microflora. There are in fact more bacterial cells in your gut than cells in your entire body! These microbes produce chemicals that affect our mood and act directly on our brain. When we eat a diet high in refined foods, we leave nothing for the bacteria that live in our lower gut to eat. They starve and die off. The diversity of our gut microflora is reduced and hence the good mood chemicals are not around to keep us mentally healthy.

As part of my role as DP I talk to lots of students who are anxious and/or feeling low.

So consider your diet.

First steps are to ditch the CRAP

A quick guide for  
a healthy diet:



If you want to know more have a look at the links below.

Firstly, a great podcast that gives some of the science and places to get more information

<http://www.abc.net.au/radionational/programs/allinthemind/the-food-mood-connection/8510518>

Look at these websites for more details and some great recipes:

<http://foodandmoodcentre.com.au/>

<http://www.bbc.com/future/story/20140826-is-fast-food-making-us-depressed>

<http://www.nowtolove.com.au/health/diet-nutrition/is-your-diet-making-you-depressed-12904>

<http://www.sbs.com.au/food/article/2017/05/30/michael-mosleys-plan-killing-your-cravings>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4303825/> - this one more academic

Some books include

The Healthy Kitchen - <http://thehappykitchen.net/>

The Clever Guts Diet. – Dr Michael Mosely - <https://cleverguts.com/>

Ms Robyn Lang

Years 8, 10 & 12

Deputy Principal

## ***SUBJECT SELECTION EVENING***

*Year 11, 2018*

*Tuesday 20<sup>th</sup> June @ 7.00pm*

Year 10 students and parents are encouraged to attend the Subject Selection Evening on Tuesday 20<sup>th</sup> June @ 7.00pm in the school hall. Looking forward to seeing you there.

## ***SCHOOL OPAL CARDS***

Students who travel to school by bus or train are reminded of their obligation to "tap on" and "tap off". This is mandatory.

Students must only use their own School OPAL Card and are required to have their card with them when boarding their bus or train.

School OPAL cards can only be used for the journey to and from school.

If a School OPAL card fails to operate properly or is damaged students or their parents must call 131 500 or email [concessions@transport.nsw.gov.au](mailto:concessions@transport.nsw.gov.au) quoting the student's name, address and school.

Chris Neave  
Deputy Principal



## **Students Achieving Personal Best**

By Ellen Couch & Dakota Tawse

*Dakota Tawse (Year 10) and I have had the privilege of going to the annual 2017 State SRC Conference and the 2016 State SRC Conference. As part of the SRC, we are going to implement some ideas that were shown throughout this conference into our school and in particular, raising awareness of mental health and how it affects everyone. This camp runs for a week and schools from across NSW come to this camp to share ideas, issues and strengths shown in each of their schools. Not only is this a great opportunity to make new friends, but it was beneficial for our school community.*

*Attending this camp has given both Dakota and I a huge insight into what could be the future of our school and how we can make it an even better place for everyone. At this camp, not only did we learn these topics, but we also learnt teamwork and leadership building exercises so we can feel more confident in general. This helped us out very much as the skills we have learnt we can put into our everyday lives and to help our school out as being part of the SRC. The workshops or flexishops as they were called weren't run by professionals, they were run by students or the leaders of the camp from schools across NSW. They researched all the information and then made a presentation that was slotted into an hour and a half session. This showed how teenagers can have a voice and can be teaching other students these issues, because it puts it into perspective coming out of a student's mouth. They are around the same age as you, yet they contain so much knowledge. I was privileged as I got voted to be a leader for next year's conference. This means that I get to organise my very own presentation and basically help lead this camp and bring students from across NSW together as kids teaching kids. From the bottom of our hearts, Dakota and I would just like to thank the school for giving us this amazing opportunity to let us go. We would like to extend our thanks to the official organiser of this camp, Murry Walpole whose last year this was. We are so thankful and we hope we can teach the students at Bulli High School !!!!!*



## English

### *PLAIN ENGLISH SPEAKING AWARD*

On Monday, the 8<sup>th</sup> of May, Bronte Slater of Year 10 competed in the Local Round of the Plain English Speaking Award at Smiths Hill High School.

Since its inception in 1978, this competition has provided an opportunity for NSW senior students to improve their confidence and to develop their speech-writing and public speaking skills. Each year, the national winner has the opportunity to attend the international final in London.

This year, Bronte represented the Bulli High School community with great dignity. She was one of two Year 10 students competing in a field dominated by Year 12 contestants. The winner and two highly commended speakers were both in Year 12, so Bronte's fourth place was a great achievement and an indication of her potential in this area.

I look forward to accompanying Bronte to more of these competitions, not only because she is one the most coachable students I have worked with, but because she is a real adventurer when it comes to the café debrief.



Ms L Crawford  
English Teacher

## Mathematics

### *GIRLS IN MATHS: EXCURSION TO THE UNIVERSITY OF SYDNEY*

***“Girls in maths add up!” is a special interactive event designed to inspire and encourage young women to continue their studies in mathematics and statistics in their senior years at school, and hopefully beyond. Additionally, it is a great chance to find out more about the growing opportunities in Science, Technology, Engineering and Mathematics (STEM).”***

On Thursday 8 June, six Year 10 girls from Bulli High School and Ms Pidhirny met at Thirroul Station at 8am to head north to attend the inaugural ‘Girls in Maths’ event at the University of Sydney.

We arrived at Redfern Station and walked the one kilometre distance to the university where we convened at the Carlslaw Building along with other groups of young women from various Sydney schools. Our tour guide, 2<sup>nd</sup> year Chemistry student Claudia, then escorted us around the elegant Sydney University campus. We were taken to a selection of beautiful buildings which were all part of the science and mathematics faculties.

Our tour finished at The Refectory where we were to spend the next two hours being inspired by a group of female mathematicians all connected to Sydney University.

Jacqui Ramagge, the head of Mathematics and Statistics at the university, opened proceedings with a brief introduction and description of the day’s agenda.

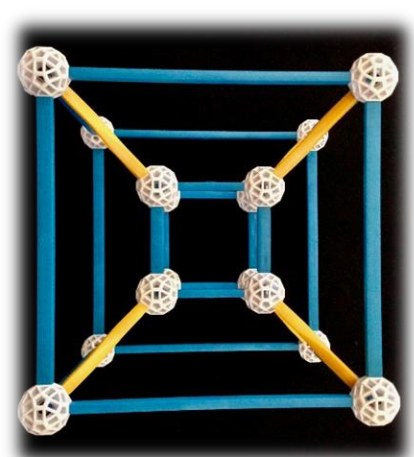
A panel of five academic women from the university then shared their stories of how mathematics has inspired them and their career choices. Their diverse experiences reinforced the message that mathematics can open so many doors and lead to so many different fields.

A workshop then followed in which our students participated in a hands-on modeling activity. They constructed icosahedrons and dodecahedrons from equipment provided and were then invited to think about the ‘4<sup>th</sup> dimension’. The final construction was a ‘hypercube’ then an explanation of the implications of this 4<sup>th</sup> dimension mathematical theory.

By now we had worked up an appetite, which was satisfied by the provision of a delicious lunch including sandwiches, fruit and pastries.

The day wound up with a Q & A style panel discussion where the academics answered questions put forth by the student participants.

Our students, including Bella, Isabelle, Tamzin, Lauren, Hannah and Claudia were fine ambassadors for Bulli High School. It was a pleasure to accompany such a co-operative, respectful and interested group of young women on this excursion. Congratulations to the girls for taking advantage of the opportunity to think about their mathematical futures and hopefully feel inspired to continue with the subject in school and beyond. Thanks is extended to Mr Croft for organising the day out.



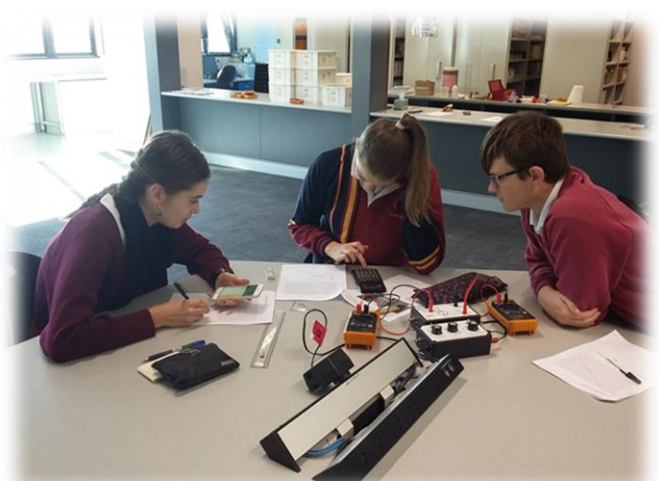
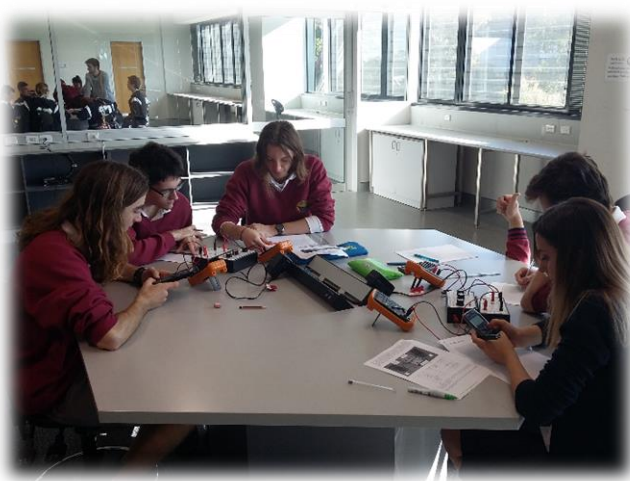
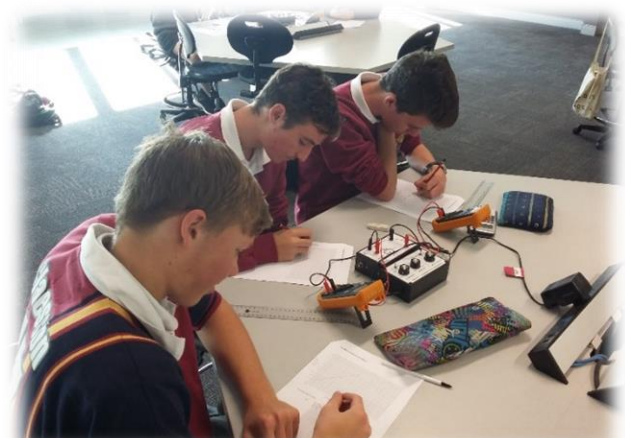


## Science

Semester 1 examinations for Years 7-10 have been completed and congratulations to all those students who prepared thoroughly and gave their best. We have been very impressed with the attitude of so many of the students and their desire to achieve high marks. Feedback has been given as this is a very important part of the process and a strategy that is key to future success. We have now moved onto our new topics. Years 7 and 9 are studying biological concepts and Year 10 have started a unit on the Earth and Natural Disasters. Year 8 are applying the Scientific Method, planning and carrying out investigations in readiness for their Stage 4 Student Research Project.

Year 11 have just received their reports and they should be acting on the advice given to them by their teachers. We only have about 10 more weeks of coursework before the final Preliminary examinations and students need to attend all lessons, ensure they understand the concepts taught and spend time at home on revision and consolidation.

Year 12 Science students are all working hard and must focus on the upcoming Trial examinations by committing to regular revision and practice of past HSC questions. This week, Year 12 Physics students attended the University of Wollongong's Physics Study Day. They engaged in a variety of senior experiments such as superconductivity, photoelectric effect and JJ Thomsons charge mass ratio of the electron. They thoroughly enjoyed the learning laboratories and guidance from the very helpful UoW academic staff. To end the day, the students sat in on a presentation by an astronaut who had spent more than 6 months in Space. The talk gave everyone a great insight into Space travel and life as a scientist. Thank you to Mr Brankovic for organising the excursion and for the photos below.



Mrs Julie Swain  
HT Science

## Marine Studies

### *FISH MARKETS EXCURSION:*

Year 10 Marine Studies students woke very early to venture to the Sydney Fish Markets, investigating the diverse types of life in the sea and fishing methods. During their visit, many hundreds of tonnes of fish were examined including Yellowfin tuna, Striped Marlin, Swordfish, Mako Sharks, 1 metre Flathead, 27kg Barramundi and live Lobsters, Abalone and King Crab. The students also looked at the Dutch Clock auctioning system and how local businesses buy their own fish stocks. After the early morning chaos of the auction, they sampled the freshest sushi and seafood in Australia for breakfast, and came home with swordfish, marron and tuna in the esky to cook up for their families. Everyone had a great day!





## Marine Studies

### *FISHING:*

Year 9 Marine Studies are enjoying the Fishing course module. Here are some photos of the students celebrating their flathead and crab catch!



Ms Alessia Contarin & Mr Zac McKenzie

### *MOCK TRIAL:*

A big congratulations to our first Bulli High School Mock Trial team. The seven students from Year 10 who were involved in the trial are to be commended on the way that they approached the competition. It is quite unusual for a Year 10 team to be given the opportunity as it is normally reserved for Year 11 Legal Studies students. As a result our team narrowly lost to a very well prepared Smiths Hill team who only just managed to win on points. The competition is one of the most prestigious throughout the state and attracts schools from all across NSW. We look forward to maintaining this team and learning from our first experience. As head teacher, I could not have been more proud of the group. They will all be recognised formally after the conclusion of the competition.

### *VIRTUAL REALITY IN THE CLASSROOM:*

Since the last newsletter, the HSIE faculty has begun using our brand new Virtual Reality headsets as part of our Year 9 History program. 9S were the inaugural group to use this new technology and were able to take a field trip to a World War 1 trench. Whilst there, they were able to walk the length of a trench noting all the different aspects such as weapons, clothing, food and many other important parts of warfare. Students reacted extremely positively to the new equipment and were already excited about their next virtual excursion. Furthermore the HSIE faculty is excited to expand the use of the headsets at Bulli High School by giving a presentation on their use at the next whole school Teacher Professional Learning evening.



### *YEAR 12 NAN TIEN TEMPLE EXCURSION*



On Wednesday 25<sup>th</sup> May, Year 12 Society and Culture (SAC) students, accompanied by their teacher Ms T Dal Molin spent the day at the Nan Tien Temple in Berkley. The purpose of the excursion was for the students to experience firsthand their Focus Study of Buddhism, for their current topic Belief Systems and Ideologies. The day started with an outline of the basics to Buddhism, along with a day tour around the inner workings of the temple. The students then went on to a session of Tai Chi in the courtyard and a spot of Meditation in the Meditation Hall. This was followed by a delicious vegetarian lunch, and a one-on-one seminar regarding key questions about Buddhism. It was a fantastic day, and something, which relaxed the Year 12 SAC students at this busy time, whilst adding to their classroom studies.



## **HSIE-continued**

### ***UNITED NATIONS YOUTH FORUM***

On Friday June 9<sup>th</sup>, nine year 11 students will be attending Keira High School to take part in the United Nations Youth Conference. This is a unique opportunity for our students to engage with issues relevant to the United Nations and become better Global Citizens. The day will reflect current operations and concerns of the United Nations and looks to be another fantastic opportunity.

### ***ANCIENT HISTORY EXCURSION – AUSTRALIAN NATIONAL MARITIME MUSEUM***

On Monday May 12<sup>th</sup>, Year 11 and Year 12 Ancient History attended an excursion to the Australian National Maritime Museum. Students enjoyed the opportunity to work with artefacts from shipwrecks. The guides were impressed with the enthusiasm and interest displayed by our students. Thomas Blunden and Toby Thompson were standouts with their knowledge and passion for the day. The highlight was touring the display of ruins from Pompeii and Herculaneum and viewing interesting artefacts from the buried town including weaponry, jewellery, food storage, body casts and the rudder of the ship used to escape the disaster during the time. The artefacts provided a valuable insight into the life of ancient Romans of the time. A really enjoyable day was had by all. Credit to our students.

### ***HSIE UPCOMING EVENTS:***

- History debating round 2 against Caringbah High.
- Mock Trial round 2.
- Virtual Reality in the classroom TPL presentation.
- MESH programming for the new HSC syllabus in which Bulli High is taking on a lead role within the local CNI.
- United Nations Youth Forum

We look forward to sharing the above events in the next newsletter

Mr Samuel Dixon  
HSIE Head Teacher

## CAPA

Year 11 Visual Arts students have recently submitted their first Major Portrait Task.

These are currently on display in the Short Gallery. Students were able to choose a fellow student from Year 11 or a Bulli High School staff member for their subject.



Ms Nephra Forrest  
Visual Arts Teacher

## Language

What a busy month over in Languages!

The Language Perfect World Championships were held in the middle of May and we are super proud of how well we did as a school. In just ten days our Language student's answered 147,965 questions! We were ranked 464 out of 1302 schools and came 4th in NSW for Indonesian! How impressive!

The following individuals deserve special mention for achieving awards during the Championship:

Gold Award	Trent Hodges
Silver Award	Jack Essenstam, Leilani Bulley and Leila Christofides
Bronze Award	Tuan Le and Kasey Hargreaves

Merit Award:

Paige Hirst, Thomas Lamb, Vincent Heap, Meliha Birkett, Abbey Hosking, Mia Windsor, Molly Houston, Amelie Downie, Dakota Tawse, Clare Brewster, Jasmin Petty, Shaye Shipton, Cadence Storer and Jaryd Turner

Yesterday was Crêpe Day in Language, I think the photos say it all... DELICIOUS!





## TAS

Year 10 Industrial Technology – Timber

'Super Student' Reece Morgan assembling his chess board bedside table top.



Year 7 Technology Mandatory

Money Boxes – How creative are some of these design solutions!





## TAS – continued

Year 9 iSTEM

Designing & 3D printing their customised wheels for their NSW Aeronautical Velocity Challenge propeller powered planes



Year 8 Technology Mandatory

Jasmine Brown's 'Storage Solution' for her personalised surfboard fin box – WOW



## **TAS – continued**

Our Bulli High School Travelling STEM Show leading Otford Public School students through rocket design and launching in preparation for the NSW Aeronautical Velocity Challenge State Finals.



### **Had a 'blast' @ Otford Public School**



### **Zac & Tyler leading students through rocket design**



### **Year 9 & 10 iSTEM**

Drone training day with students working with Scarborough Public School in preparation for the NSW Aeronautical Velocity Challenge State Finals.





## Sport

Congratulations to the following students were age champions at the school athletics carnival:

Age	Boys	Girls
12yrs	Dylan Back	Halle Callow
13yrs	Ian Du Toit	Alyssa Abbott
14yrs	Nathan Bowman	Dayle Air
15yrs	Tomassino Lo Castro / Noah Methven	Renae Lombardo
16yrs	Korben Spillane	Siarn Rowcliff
17+yrs	Liam Chilton	Jazmine Yew

The following students represented Bulli HS at the Regional Cross-Country:

### *Year 7:*

Charlotte Aitken  
Dylan Back  
Halle Callow  
Cuba Cleaven-Vanderlaak  
Katherine Johnstone  
Evie Livermore  
Georgia Petty  
Cooper Smoley  
Eryn Wardlaw

### *Year 8:*

Dayle Air  
Lucy Bent-Genge  
Ethan Hawken  
Jacob Lyon  
Annabel McDonald  
Sean Ritter

### *Year 9:*

Jed Ashton  
Nathan Bowman  
Kiana Eady  
Kyle Eskridge  
Jack Gilfoyle  
Isaac Rafferty

### *Year 10:*

Darci Air  
Alexandra Ashton  
Mya Forbes  
Luke Gelder  
Scarlett Richards  
Alex Williams

### *Year 11:*

Bree Grose  
Alice Nolan

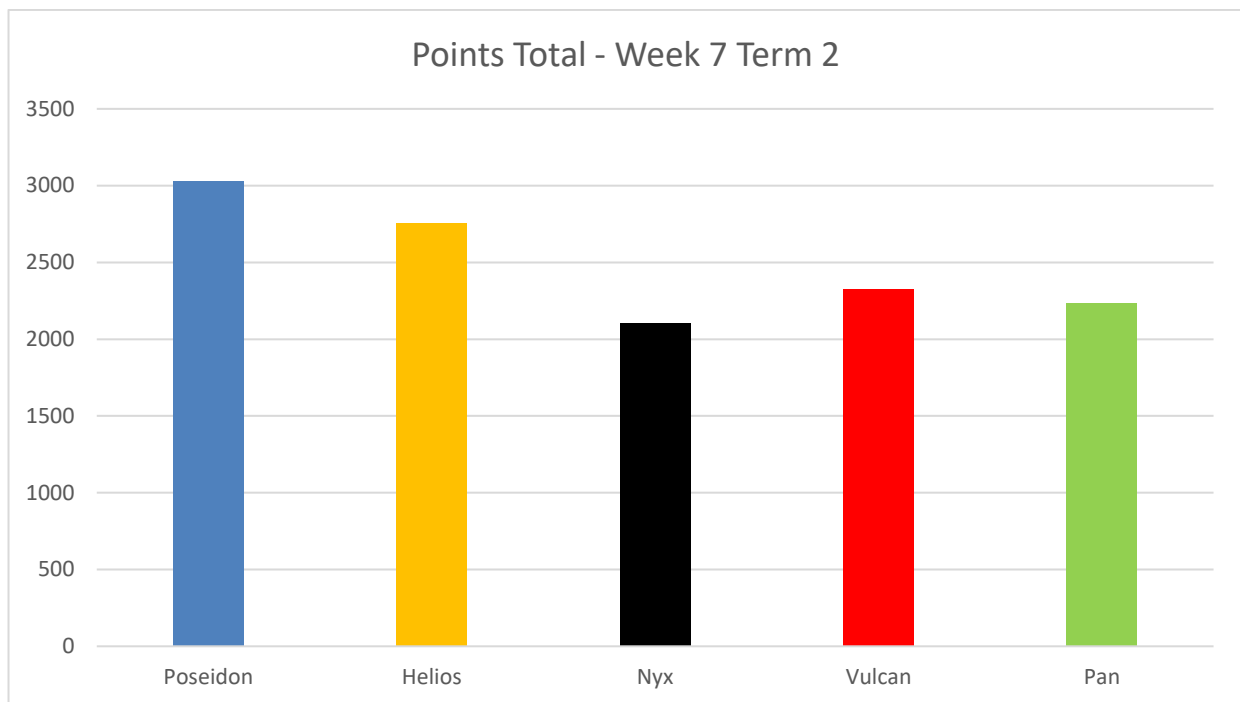


Alison Green



## House Points

Poseidon have knocked Helios off their perch with a great effort from the Athletics Carnival! Don't forget you can get house points for things you do outside school as long as you let us know! With all the big carnivals over it is important to start earning points from receiving merits, participating and volunteering. There are nearly 900 points between the top and the bottom of the table but 6 months to catch up! It's not too late!





## **Senior Boys Volleyball Knockout Regional Finals**

On Thursday 18 May, the Bulli High School Senior Boys Knockout Volleyball team consisting of 12 Year 11 and 12 boys headed south to Bomaderry to compete in the Regional Finals Tournament, vying for a place in the State Tournament to be held in Sydney later in the year. Other schools participating included Nowra, Kiama, Bomaderry, Albion Park, Batemans Bay and Vincentia.

There was much excitement as we neared the venue and discussed strategies and game tactics. A minor hurdle occurred when we got news early in the trip of a vehicle malfunction in Towradgi that meant Paddy Rees and Gareth Fitzgerald would be arriving after the start of the first game. Thanks to Mrs Fitzgerald for generously lending her car to Gareth so that they were still able to join the team.

Game 1 saw Bulli versus Vincentia. Bulli was the victor after a close game. Confidence was riding high into the bye for the next round. A narrow loss to Bomaderry in Round 3 did not impact too much on team spirit as Bulli then faced the team to beat, Batemans Bay, in Round 4. The Batemans Bay team had recently returned from the North Coast playing in a state representative tournament so the competition was going to be stiff. Yet another hard fought game and to Bulli's credit, a win was awarded to our boys. Bulli held their cool, took advantage of unforced errors by Batemans Bay and played some very good, well-organised volleyball. Unfortunately the next three games were losses and the final result was a 4<sup>th</sup> place for Bulli. Sadly there will be no trip to Sydney to represent the South Coast BUT our team can hold their heads high as Bulli was the only team to claim victory over Batemans Bay who were the eventual winners of the Bomaderry tournament.

On behalf of the team, I would like to thank Mrs Morgan who provided transport for four players. It meant a very early start from Campbelltown in get to Bomaderry by 9am. I am also grateful to the Ashton and Fitzgerald families for allowing their boys to drive students to the venue. Without this community support, these excursions cannot take place so thank you.

And to the players: thank you for the experience. It was a fun journey. I appreciate the camaraderie and team spirit generated as well as your commitment to break time training sessions. Your skills improved significantly from start to finish with thanks extended to some spontaneous Coach Cranney tips!

Volleyball is in a good place at Bulli High School. I look forward to the Knockout games of 2018.



Ms Katie Pidhirny

## **School Captains Visit – Parliament House, Sydney**

*By Hamish Bell*

Did you know the Governor of New South Wales keeps bees? Or that, if you have the name Isabella, or any close variant of it, and decide to visit Government House you may receive a sweet and syrupy gift? These are just two of the statements that my co-Captain Zoe and I discovered to be true during our visit to Parliament House in Sydney last week.

On ascending from the depths of Martin Place train station Zoe and I were greeted with a bone-chilling gust ricocheting down the CBD's most effective wind tunnel. Luckily, this was immediately remedied by a warm welcome from our hosts at Sydney Parliament House and a plethora of students from all over New South Wales. It was here we were briefed on the inner-workings of Parliament and introduced to a number of regional Members of Parliament from throughout the state. This session was peppered with opportunities for students to seek clarity on the various complexities of political life and, as a particularly confident young man hailing from the North Shore stood seeking closure, a shrill bell cut him short. This put an end to our interactions with the members as this bell obviously signified the "division" and they all strode off in the bell's direction. The group was then split in two and assigned to one of the two Chambers flanking the building. In these Chambers, named the House of Representatives Chamber and the Senate Chamber, we were able to witness the loud and, at times, vitriolic process of creating state legislation. This was, however, one the most entertaining parts of our visit.

The programme concluded with a tour of Government House and an audience with the His Excellency General The Honorable David Hurley and his wife Linda Hurley. We were informed that, when addressing or speaking to Mr Hurley, we were to remain incredibly cordial and polite and always, it was of the utmost importance, that we initially refer to him as "Your Excellency" when instigating conversation. So, when finally presented with the opportunity of talking to the man we did as we were told and greeted him accordingly, and to our surprise, we were greeted by a genuine bloke. Mr Hurley even knew, as all great Australians do, of Bulli, having grown up in Wollongong he had fond memories of playing football at Bulli race course as a child.

Unfortunately, public transport had provided us with a deadline, so we quickly got a photo with His Excellency before racing off to catch our train, not before saying a quick "Cheerio" to our fellow captains with whom we had become acquainted.

The entire train ride home was spent chattering about various excitements which had taken place throughout the course of the day and, by the time our train pulled into a dimly lit Thirroul station, we were both in need of a night's rest.

Hamish Bell

2017 School Captain

## Aboriginal Education

National Reconciliation Week (NRW) is celebrated across Australia each year between 27 May and 3 June. The date commemorates two significant milestones in the reconciliation journey - the anniversaries of the successful 1967 referendum and the High Court Mabo decision. The week is a time for all Australians to learn about shared histories, cultures and achievements and to explore how each of us can join the national reconciliation effort.

Bulli High School attended two events. The first event was the annual Aboriginal Education Consultancy Group's Reconciliation Morning Tea at the Novotel in Wollongong. The students were able to mix with Indigenous and Non-Indigenous students from other schools in the Illawarra. There was guest speakers that shared their thoughts on reconciliation and a number of musical performances. The students thoroughly enjoyed their experience.



The second event was the National Reconciliation Walk and Sharing Stories excursion. This amazing day allowed students to experience Indigenous culture as well as re connect with other students. The National Reconciliation Walk and ceremony presented by Bellambi Public School involved various sections of the community. The walk was a celebration of community and belonging. Bellambi Public School provided schools across the community the opportunity to experience traditional Aboriginal dancing, music and a smoking ceremony.

Bulli High School students were fortunate enough to attend the 'Sharing Stories' performance at Wollongong Town Hall after the Reconciliation Walk. The show was an amazing display of storytelling by elders and musical performances by students in the Illawarra, including Wanjiora PS. The day was truly amazing and one that Mr Donnelly and I are proud to have been involved with.



Ms Leanne Hicks  
Aboriginal Mentor, Tutor and HSIE Teacher

## **Library**

### Google Docs Add-on:

Are you using Google Docs to create your assignments and need to hand in a bibliography too? Google Docs has an add-on called EasyBib Bibliography creator. The add-on allows the user to automatically cite books, journal articles and websites by entering the title or URL. For more information, come and see Miss Martin.

### New e-books available on our Wheelers platform:

Some great titles were added to our e-platform last month including:

Thirteen Reasons Why  
Conspiracy 365 #1: January  
The Gallipoli Story  
Release

Go check it out at <https://bullihighschool.wheelers.co/> or download the app.

New June titles released soon.

### Premier's Reading Challenge:

The Premier's Reading Challenge ends in August this year. Don't forget to update your reading log through the student portal.

### Membership of Wollongong Library

Students at Bulli High have the wonderful opportunity to join Wollongong library through our school. Students interested in joining the library need to collect a membership form from Miss Martin. Membership is free. Joining Wollongong library will enable students to access some great tools such as online databases, online encyclopaedia's and a great online tool called homework help. All forms need to be returned to Miss Martin before the end of the term.

### Book club catalogue

The latest book club catalogue is available in the library. Orders close soon.

Ms Kylie Martin  
Teacher/Librarian



# UNIFORM SHOP NEWS



## **YEAR 10 SENIOR UNIFORM FITTINGS**

All Year 10 students will be fitted for their senior uniforms in **WEEK 1 - TERM 3**, from Tuesday 18<sup>th</sup> July to Friday 21<sup>st</sup> July.

Fittings will take place during class time and an order form will be sent home with each student. This order is a guide only and can be changed.

Students may purchase their senior uniforms this year while stocks last. Once we have run out of senior uniforms, remaining students will have to pick up their uniform orders in late January 2018, just before school resumes.

## **NEW GIRLS DRESS FOR YEARS 7 – 10 IN 2018**

The junior girls will have another choice of uniform beginning in 2018 – a tartan dress. A sample of this dress is on display in the office foyer. The cost of the dress is \$70.00.

To ensure a dress for the start of 2018, any student in the current Years 7 – 9 will need to pre-order by the 3<sup>rd</sup> August.

Fittings for this order will start at the beginning of Term 3 in the Uniform Shops' usual opening hours:  
Tuesday & Thursday's 1.15pm - 3.30pm

Payment will also need to be made at the time of ordering. Due to this being a new uniform item, the Uniform Shop will have limited dresses held in stock, so early orders are necessary.

## **JUNIOR & SENIOR KNITTED JUMPERS**

The Uniform Shop has a full range of new knitted jumpers for junior and senior students.

We also have approximately 30 pre-loved knitted jumpers for sale. The price for these are from \$5.00 to \$20.00 depending on the condition of the jumper.

Junior navy jumpers range from size 9 to 16. Senior maroon jumpers range from size 10 to 22.

Kerry & Marie

# CANTEEN VOLUNTEERS

*Bulli High canteen needs your help*

- If you can't manage P & C meetings but would still like to help your school
- If you have 1 day a month spare or could go on the emergency roster and would like to meet some new people
  - If you would like to help the major fundraiser for our school
  - If you would like a free lunch and lots of laughs

Please come and give it a try, it's for about 4 hours a month and greatly appreciated by all students and staff at Bulli High School

If you work part time, like most of our mums or dads ,  
you can choose what day works for you

- Your child will love having you helping in the canteen

PLEASE GIVE IT A TRY

***Call Lyn Falkiner on 4284 8266 ext 119***  
***BULLI HIGH SCHOOL CANTEEN***

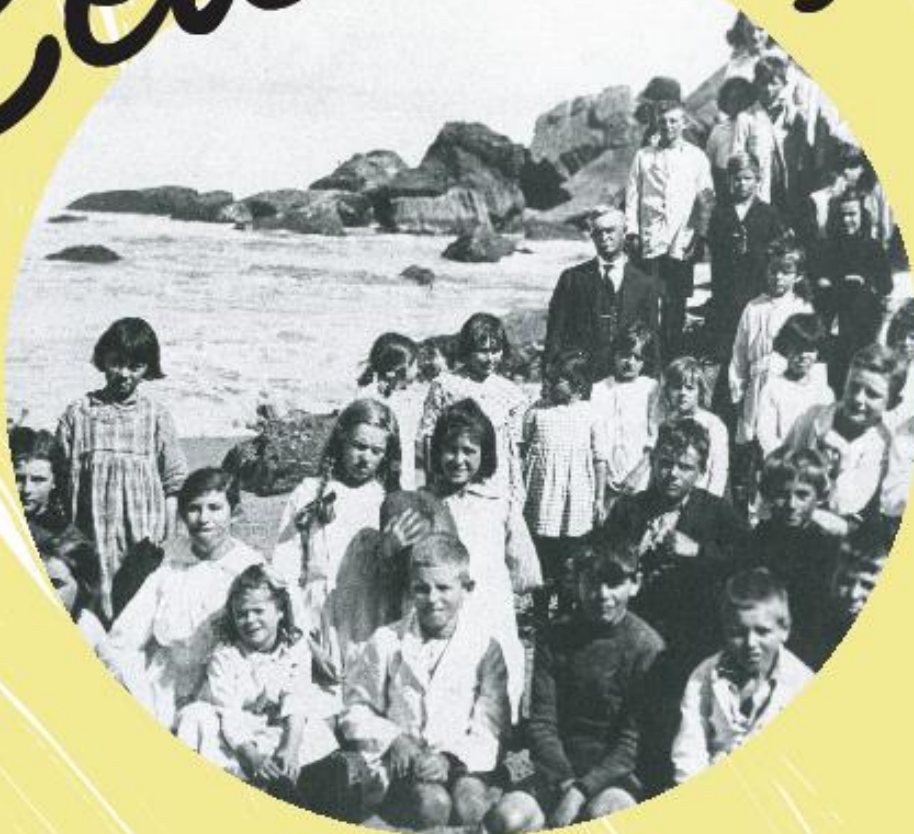
## Emergency Numbers and Helplines: Who to Call

<b>Emergency Services</b>	<b>000</b>	<b>Police, Fire and Ambulance</b>
<b>Drug Alcohol Information Service</b>	<b>1800 422 599</b>	<b>Support, information, advice, crisis counselling and referral to services</b>
<b>Child Protection Helpline</b>	<b>132 111</b>	<b>If you think a child or young person is at risk of harm from abuse or neglect</b>
<b>Domestic Violence Line</b>	<b>1800 65 64 63</b>	<b>For information, support and referrals</b>
<b>eheadspace</b> www.eheadspace.org.au	<b>1800650890</b>	<b>Secure space where young people 12 - 25 or their family can chat, email or speak on the phone with a youth mental health professional</b>
<b>Kids Help Line</b>	<b>1800 55 1800</b>	<b>If you need to speak to a counsellor</b>
<b>Lifeline</b>	<b>13 11 14</b>	<b>Crisis support and suicide prevention</b>
<b>Mensline</b> mensline.org.au	<b>1300 78 99 78</b>	<b>Online support and information service for Australian men</b>
<b>Mental Health Line</b>	<b>1800 011 511</b>	<b>Connecting you with the right care</b>
<b>National Eating Disorders Support Line</b>	<b>1800 33 46 73</b>	<b>Monday to Friday 9am to 5pm</b>
<b>ParentLine</b>	<b>1300 1300 52</b>	<b>Telephone counselling, information and referral service for parents of children aged 0 to 18 years 9am – 9pm Monday to Friday 4pm – 9 pm Saturday and Sunday</b>
<b>Poisons Information Centre</b>	<b>13 11 26</b>	<b>Telephone advice line</b>
<b>Suicide Call Back Service</b>	<b>1300 659 467</b>	<b>Telephone and online counselling for anyone affected by suicide</b>
<b>Young Carers</b>	<b>1800242636</b>	<b>Young carers are children or young people up to 25 years of age, who help care in families where someone has an illness, a disability, a mental health issue or who has an alcohol or other drug problem.</b>
<b>Youth Accommodation Line</b>	<b>1800 424 830</b>	<b>Referral service for people seeking accommodation</b>



STANWELL PARK PUBLIC SCHOOL

# Centenary Celebration Fete



Saturday 17<sup>th</sup> June  
10 am - 3 pm

#### Whats On

Rides, Chocolate Wheel, Silent Auction, Lucky Dip, Disco, Talent Show, Fairy Floss, Cake Stalls, BBQ, Glenburnie Orchard Apple Drive, Historical Society Display, Centenary Photos and Merchandise, Plant Stall, Chocolate Toss, Bottle Stall, Coloured Hairspray and Nails, Face Painting, Gift Boxes, Massage and Reflexology, Hoopla Hoops, International Food, Barista Coffee, Art Gallery, Photo Competition, Raffle, Ice Blocks, Guessing Competition, Book Stall, Drinks




**Make the right call  
to get the right health care**  
*at night, on weekends and public holidays*

 **1** **Your Doctor or nearest general practice for after hours options**  
Details available at [nhsd.com.au](http://nhsd.com.au)  
Or call **Radio Doctor Illawarra** on **4228 5522**


 **2** **Medical advice and support**  
Call the **after hours GP Helpline** on **1800 022 222**


 **OR** **Emergency**  
Call **000** in a medical emergency or visit your nearest Emergency Department for a serious illness or injury

  **coordinate.org.au**

**SOMETHING TO DO** FEBRUARY - JUNE 2017 

<b>RAINBOW ON AIR LEAGUE</b> A social group for same sex attracted, gender diverse or questioning young people aged 14-25 <b>MEETS FORTNIGHTLY MONDAYS 4-6PM</b>	<b>ON AIR</b> Tune into 106.9 VoxFM to listen to radio hosted by young people - want to be a presenter? Contact us <b>MONDAYS 8-9PM</b>	<b>CODE THE GONG</b> Learn to write computer code and build a website, create an app or a game and explore technology - bookings essential <b>TUESDAYS 4.30-6PM</b>	<b>INTRO TO GUITAR</b> Learn how to play guitar - half hour lessons - bookings essential <b>WEDNESDAYS 3-5PM</b>
<b>CREATIVE DEN</b> Learn new skills, be part of a creative space, create artworks for a Youth Week exhibition <b>WEDNESDAYS 4-5.30PM</b>	<b>YOU DECIDE</b> We provide the money, you decide how it is spent - Apply now to be part of this group of decision makers <b>WEDNESDAYS 4-5.30PM</b>	<b>BARISTA COURSE</b> Be mentored by experienced baristas and learn to make café quality coffee - 5 week course - bookings essential <b>WEDNESDAYS 3.30-5PM</b>	<b>MUSIC MAKERS</b> Music workshops for young people - bookings essential <b>THURSDAYS 4-5.30PM</b>
<b>YOUTH WEEK COMMITTEE</b> Young people working together to organise events and activities for Youth Week <b>MEETS FORTNIGHTLY THURSDAYS 3.30-5PM</b>	<b>ON STAGE</b> Performance space for young people - full PA, sound engineer and lighting provided - contact us to book your space <b>THURSDAYS 6-7.30PM</b>	<b>FRIDAY NIGHTS</b> 2 February 3 March 7 April 5 May 2 June Dodgeball Girls Night In Live Music Trivia Anime <b>FRIDAYS 6-9PM</b>	<b>HANG OUT</b> Basketball, pool, table tennis, air hockey, TV, foosball, young womens space and more - space for young people 12-18 years <b>TUESDAYS 3-6PM THURSDAYS 3-8PM SATURDAYS 12-4PM</b>
<b>YOUTH WEEK</b> To be part of deciding the where, what and how of Youth Week 2017 - contact the Youth Services team - check out what's happening at <a href="http://youthweek.com.au">youthweek.com.au</a> in March <b>1-9 APRIL</b>	<b>SPECIAL EVENTS</b> 8 March Int. Womens Day 15 April World Circus Day 4 May Star Wars Day 24 May Sorry Day Visit the Youth Centre on these days to see what's happening! <b>1-9 APRIL</b>	<b>REHEARSAL SPACE</b> Fully equipped sound proof music rehearsal room \$5pp-2hr sessions - bookings essential <b>VARIOUS TIMES TUESDAYS - SATURDAYS</b>	<b>BOOK A SPACE</b> Are you a young person and need a space for your group to meet? Book a space at the Youth Centre for free <b>TUESDAYS - SATURDAYS</b>

 These activities and events are for young people aged 12-24 years. To make a booking or to find out more information **CONTACT THE YOUTH SERVICES TEAM**  
P: 4227 8222 E: [youthservices@wollongong.nsw.gov.au](mailto:youthservices@wollongong.nsw.gov.au)



**1<sup>ST</sup> AUSTINMER CUBS AND SCOUTS**  
**WE CURRENTLY HAVE VACANCIES TO ACCEPT NEW CUBS AND SCOUTS!!!!!!**

**Join in the fun and come along to the oldest and best Scout group in the Illawarra.**

**Have amazing fun with friends!**  
**Learn new skills!**  
**Activities include:**  
**Canoeing; abseiling; camping; hiking**

**Cubs (7 ½ – 10 ½ years) 6:30-8:00pm Wednesday Evenings**  
**Scouts (10 ½ - 14 ½ years) 7:00-9:00pm Monday Evenings**  
**Bring a parent, bring a friend, join and make new friends!**  
**Come along to our Hall at 20 Moore Street Austinmer.**  
**What have you got to lose?**  
**For more info contact Steve on 4268.2004 or 0409 695 575**  
**Look forward to seeing you there!**

**Planning a kid's birthday party?**  
**1<sup>st</sup> Austinmer Scout Hall is available for hire.**  
**Cost: \$25 per hour (max: \$100 for whole day)**  
**Contact Ron on 0409399752**



**POLICE CITIZENS  
YOUTH CLUBS**

#### **JUNIOR BOXING**

\$7.00 Ages 5 – 15 years  
Tuesday & Thursday 4pm – 5pm

#### **ARCHERY**

\$60.00 for 6 week period then \$10.00 p/class  
Ages 8 years +  
Saturdays 10.00am

#### **Wollongong:**

**Phone:** 4229 4418 / 0411 269 001

**Address:** 2 Exeter Avenue, North Wollongong / PO Box 308 Wollongong East NSW 2520