

# Bulli High School Newsletter

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May 2020



## Principal's Report

Welcome back to Term 2 which has seen us all return to remote learning.

We started with the terrible loss of Mrs Julie Swain HT Administration, formerly Head Teacher Science and always an outstanding teacher. Julie will be missed by staff, students, parents and the community. Thank you to all for the many messages of condolence that we received. The Swain family have also asked me to thank our community. They have been overwhelmed by your heartfelt messages. Donations can be made to the Leukemia Foundation or Bulli High Schools P & C.

### Improved Student Facilities

We have installed 2 water stations which allow students to fill water bottles without contamination from bottle to bottle.

The area around the front of Studio B has been concreted providing a much nicer area for students to sit and hang out with each other.

The grassed areas are coming back after have a few weeks with rain, sunlight, some fresh turf, and of course, no feet.



*We acknowledge the traditional custodians of the land on which we live and work and  
pay our respect to Aboriginal elders past, present and future*

Proud member of the  
Seacliff Community of Schools



*Respect - Responsibility - Integrity*



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*Continued from previous page .....*

### Week 3 Staged Return of Students

Next week we see the return of Year 12 fulltime, and the rest of the students by their House groups one day per week. We are looking forward to seeing our students again. Ms Robyn Lang, Deputy Principal, has done an amazing job producing the brochure which makes our plan very clear to students and parents. This recently went out as an e-news, the BHS Facebook page, and is available on the BHS Remote Learning Hub. To enable the staged return to go well, it is important parents send their child on the nominated day.

We appreciate that there are questions still to be answered and some of these questions centre around hygiene practices and general cleaning. Soap and paper towels are provided in the student toilets. The Department is implementing a targeted hygienic cleaning process in schools on a daily basis to align with NSW Health guidance. In addition to daily general cleaning the enhanced cleaning will include a thorough wipe down of targeted areas including hard surfaces, door handles, light switches and handrails in stairways and movement areas. The delivery of enhanced cleaning may look different between schools.

### Register for E-News

If you are already registered you will continue to receive our e-news bulletins.

To register for e-news follow these steps:

- Download the e-news app onto your phone or device
- Add Bulli HS (click on the bottom right + symbol)
- Select 'Newsletters' and relevant years

### What about the buses?

#### Bus times stay the same

Our school bus times will not be changing. This means that students who catch buses will have to wait after the last lesson finishes at 2:10 PM until their bus leaves.

Students will be supervised by teachers while they wait.

Students could walk, ride their bike or catch the train home.

There is a north-bound train at 2:25 PM stopping all stations.



#### Why don't we just change the time school finishes?

Because we have some students at school each day, but most are still at home.

We can not run different times for those at home and at school because teachers cannot be in two places at once.

This means we will be running the compressed timetable until everyone is back at school.



We encourage students to bring their own disinfectant wipes and hand sanitiser for personal use. Teachers will have hand sanitiser in each classroom, and students will be provided with paper towels and spray to wipe their desk. Students must also bring their own food and water. We are following the advice of the AHPPC, and hence students will not be allowed to use the water bubblers. Each student, as they return, will also receive a "Stop the Spread at School" brochure that Ms Lang has also put together. Department of Health posters are also prominently placed around the school, and students will be spoken to on their return to BHS about safe practices.

### Canteen

We are now in a position to open the canteen from Week 3, however, it will be for a limited time each day, and will only have limited items for sale. Canteen operations will be reviewed as the term progresses. Thank you to the P & C and Lyn Falkiner, Canteen Manager, for making this happen. Strict physical distancing will be enforced.

From the P & C:

- We will have a very scaled back canteen which will open from Monday 11th May, 2020.
- There will be no pre-ordering of lunches as the canteen will not open till later in the morning.
- Menu items for sale at the 12pm lunch break include:
  - Sausage rolls \$3.00
  - Cheese toastie \$1.00
  - Ham and cheese toastie \$1.50
  - Muffins \$2.00
  - Chips/popcorn \$1.00
  - Drinks available for purchase
- Since Covid-19, we have increased our eftpos facilities in the canteen to enable better hygiene between students, staff and food purchased. (Card only, mobile phones cannot be used)
- At this stage, you can still pay cash at the canteen, though longer term we will be looking to decrease the amount of cash used.

### Uniform Shop

For the next two weeks (May 11<sup>th</sup> – May 22<sup>nd</sup>) the Uniform Shop will be open on Monday, Tuesday and Thursday from 12pm – 2:30 pm.

Students and parents will be able to pick up clothing but **not** try it on as there is a possible risk of cross-contamination. Parents can ring the Uniform Shop during its opening hours to pay by credit card and students can collect the uniform items.

### Subject Fees and Contributions

Thank you to parents who have already paid their subject fees and contributions for 2020. It does make a difference. We are very aware that many families are experiencing financial uncertainty in the current climate, and we will be reviewing the fees for subjects that have consumables which may or may not be used, depending on the return of students to school. More information will be forthcoming.

### Year 7 Camp

The camp will not be going ahead for 2020, and we appreciate we will have many disappointed students and staff. Any monies already paid will be moved to fees in advance for each student. If you prefer to have a refund, please contact the front office who will arrange for you to complete the necessary paperwork.

*Chris Gregory*

Principal



## Deputy Principal's News

### 'EVEN YEARS'

I hope students and families were able to spend quality time together in the April break despite the current restrictions to movement and activity.

I am receiving tremendous reports from teachers about how well students are engaging with their online learning, despite the difficulties and the fact that "it just isn't the same as being in class". Thank you to parents and carers for being so supportive.

The great news is that we start heading along the road to normal operations from next week.

It is such an important year for our Year 12 students. I know they are eager to return to their regular classes and the opportunities afforded when physically present at school.

Until everything returns fully to 'normal', grasp the opportunity to learn or do something new. Bake a cake, try a new hobby, write letters (you know, real letters with a pen and paper!) to people you haven't seen for a long time, chat over the fence to the neighbour you don't usually speak with, paint a picture, read a book that you have been meaning to read, learn a language online. The opportunities are endless. Use your imagination!

Every problem brings opportunities. Don't let this period of time go to waste. Don't find yourself looking back in a few months time and wishing 'Why didn't I .... when I had the chance back in April and May.' Life is too short to waste a single day!

Mr Chris Neave  
Year 8, 10, 12 Deputy



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**Ms Monika Gulabovska:** *Monday, Thursday, Friday*

**Mr John Wyles:** *Tuesday, Wednesday*

*Come visit us, we're upstairs above the Old Gym*



**KEEP CALM**  
And see your  
**SCHOOL COUNSELLOR**





## **WELLBEING @ BHS**



Changes in staffing over the holiday break have seen Ms Dal-Molin appointed to the role of relieving Head Teacher HSIE. I would like to thank Ms Dal-Molin for her efforts with Year 9 and wish her well in the new leadership role. Mr Brankovic has been appointed as the relieving Yr 9 Year Adviser and brings a wealth of experience that ensures Year 9 students will be well supported this term.

### **GRATITUDE**



Identify 3 things that you feel grateful for and appreciate about your life

### **EMPATHY**

Don't greet people with "How are you?", as most people are struggling with some part of their life. Instead ask the following and listen to their answer  
"How can I make your day easier, right now?"

### **MINDFULNESS**

Download the Smiling Minds App and use for 5 minutes before you go to sleep



## **EASING OF RESTRICTIONS WITH A TEENAGER**

Teenagers, like most of us, can't wait for restrictions to ease and life to get back to normal. The problem with teenagers is that they might see the return to school as a return to their normal social life. Paul Dillon has been working with teenagers for the last 25 years and he has shared with parents some tips on how to talk with teenagers about the next steps regarding social isolation.

<https://bit.ly/CovidParenting>





## WELLBEING CONNECTIONS

Our Year Advisers have been using Google Classroom and Adobe Connect to provide students an opportunity to connect with their school, peers and to access support. It has been great to see;

- Year 7 celebrating their pets and cooking skills
- Over 100 year 8 students sharing examples of how they have demonstrated kindness in their community
- Year 9 connecting with their new Year Adviser
- Year 10 laughing at Mrs Haines and Ms Frasers welcome back video bloopers reel
- Year 11 recommending books, films and music they experienced so that others can enjoy
- Year 12 being invited to sit down and have a Cup Of Tea and a chat online with Ms Martin.

Our Year Advisers are working hard to ensure that all students maintain a connection with Bulli HS. If you have any questions then please contact Wellbeing team members through the front office.



## ANXIETY

Whilst the return to school is viewed by many to be a solution that supports student well-being, it may actually increase anxiety for certain students.

Some students may have heightened concerns about hygiene practices at schools, some students may have experienced issues on social media and now have to deal with them in person, whilst some students might be anxious about getting in trouble for not completing their work.

We understand that this is a difficult situation and if your child is feeling anxious, please encourage them to talk to their Teachers, Year Advisers or School Counselors.



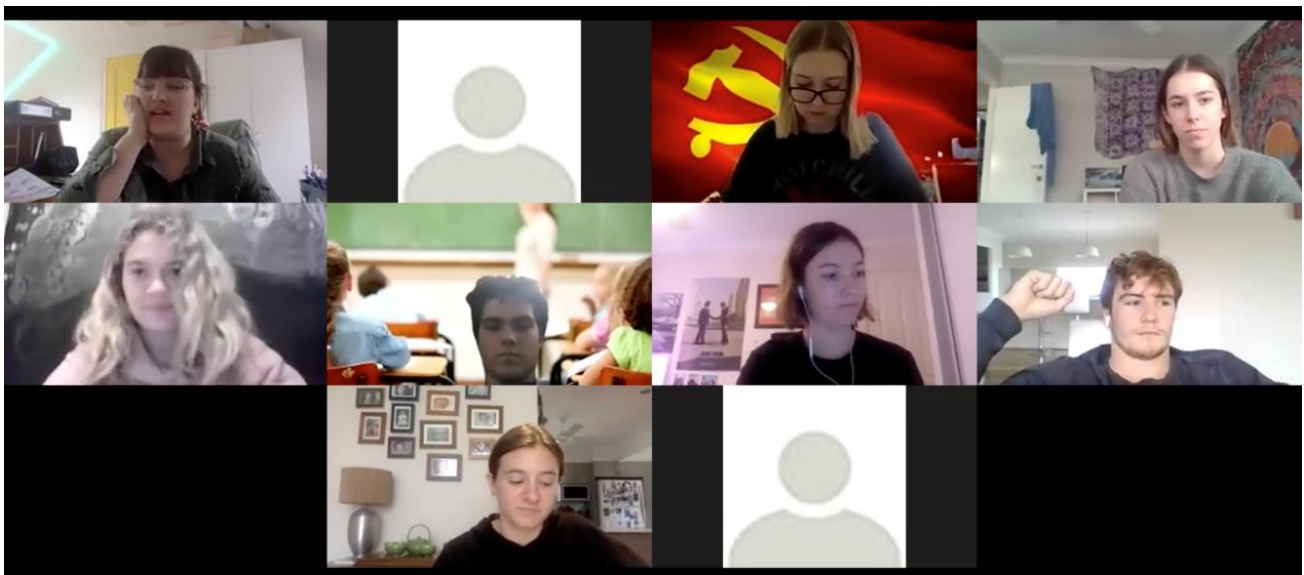


## HSIE

The HSIE staff welcomes back all students and hopes they had a safe and relaxing break. With all the changes and uncertainty, our staff want to thank our students and parents for their ongoing support during this time. We have been hard at work updating our classrooms and preparing for what Term 2 will bring.

We have loved being able to connect with our students during this time and are very excited with the new skills we are all gaining in this world of online teaching and learning. In HSIE we have been doing interactive lessons, voice-over power points and lesson explanations, teacher and student-centred zoom sessions just to name a few of the different ways we have engaged our students.

The screenshot below is from one of the Year 12 Modern History lessons held over Zoom in the past few weeks. This has been a new and challenging frontier for the HSIE staff to meet, and I am confident we have done so very well.



Ms Tamara Dal Molin  
Relieving Head Teacher HSIE



### **WIPE DOWN THE DESK**

Wipe the desk with the wipes you bring from home or the spray provided before you sit down.

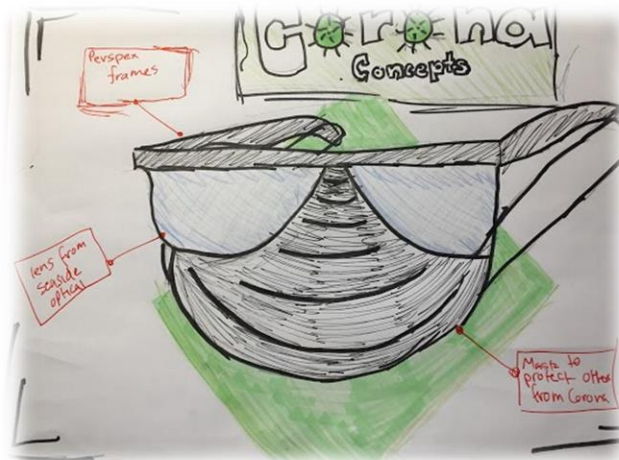
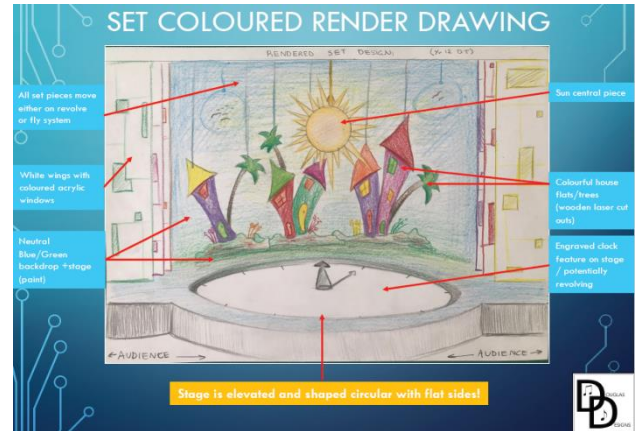
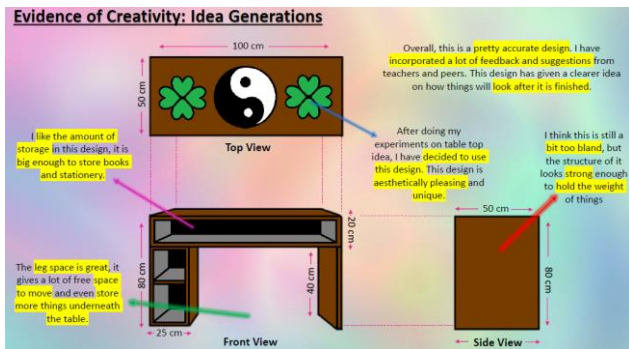


### **WASH YOUR HANDS FREQUENTLY**

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

## TAS

So whilst we may not physically have our students in class it's great to see quality work still coming in. The pics below are examples from Year 9-12 including major works in Design & Technology, a Year 11 Memorabilia project & a handful of design ideas from Year 9 Design's 'Sun Safe' unit of work they are commencing this term.





**TAS - continued**

### Title of Material: Balsa Wood

Ochroma is a genus of flowering plants in the malvaceae family, Malvaceae, containing the sole species *Ochroma pyramidalis*, commonly known as the balsa tree. It is a large, fast-growing tree that can grow up to 30 m tall. Balsa wood is a very lightweight material with many uses.

### TESTING TABLE:

TESTED?	FLAT DISC	STICK SQUARE	STICK CIRCLE	BLOCK
RECORDED	YES	YES	YES	YES
PICTURE OF PROOF	COMPLETE	COMPLETE	COMPLETE	COMPLETE
DECISION	USE	USE	DONT USE	USE


**EXPERIMENT 1:**

**OUTLINE:** In order to see if balsa wood can be effective material for creating a model sail (I decided to test it's strength and adhesiveness).

**AIM:** To determine if balsa wood can be reliable and durable whilst looking aesthetically pleasing.

**METHOD:**

1. Arrange a piece of balsa (flat, square disk, circular and stick).
2. Attempt to break each shape in half.
3. Force hammer to glue the material back together.
4. Record observations.



Balsa Wood

**EVALUATION**

When testing the balsa pieces, I found that the balsa pieces, known as one in range of sizes, dropped and flaked into to create reliable results. (I also used certain results to create some simple statistics.



### RESULTS:

PIECE	STRENGTH	ADHESIVENESS	AESTHETIC
Flat Disc	4/10	7/10	8/10
Stick (Square)	5/10	4/10	7/10
Stick (Circle)	5/10	3/10	7/10
Block	7/10	5/10	8/10

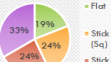
**APPLICATION OF CONCLUSIONS:**

Based on these results, I decided to use most of this material in my project.

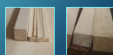
### STATISTIC: PICTURES OF Balsa PIECES

### Strength of Wood Ratio %



- Flat
- Stick (Sq)
- Stick (Cr)



### FUN FACT!

Balsa is the lightest and softest timber used commercially. It exhibits an unusually high degree of buoyancy and provides very efficient insulation against heat and sound.



Mr Steve Delaney  
Head Teacher TAS

## Library

### ***BORROWING RESUMES AND PRC CHANGES.***

From the 11th May, you will be able to borrow, renew and return your library books when at school. So don't forget to pack your library book. For students in year 7 to 9 who wished to partake in the Premier's reading challenge this year, there have been some rule changes. You can now read 10 choice books and 10 books on the lists to complete the challenge.

### **RENAISSANCE READING PROGRAM**

Well done to all the students who have managed to complete this term's reading test from home. You will find your results by pressing Accelerated reader and then the progress tab.

Are you after something to read? Renaissance is now offering free eBooks until the end of June. All the books are on the program. It is an easy way to get your points this term.

Go to: <https://www.myon.com/school/remotereading>

Username: secondary

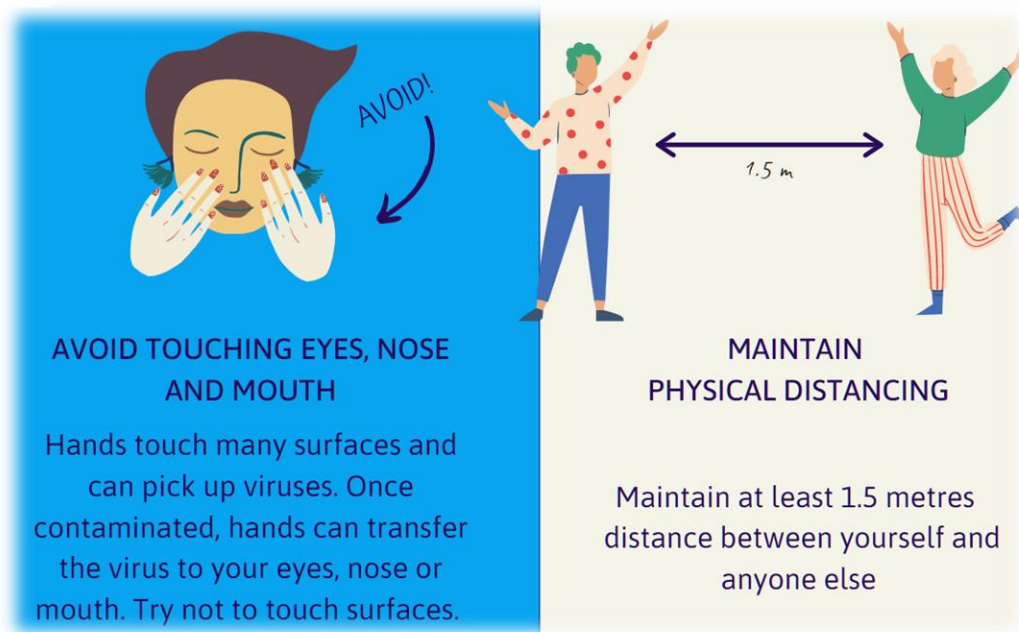
Password: books

### **YEAR 12 UOW SUPPORT SERIES**

Year 12, don't forget about the free online sessions that UOW are running to support you in studying the HSC. There are 30 subject sessions available and yes they have already started. Check the sessions available at:

<https://www.uow.edu.au/study/events/hsc-support-series/>

Miss Kylie Martin  
Teacher/Librarian





## Cheti Schools in Tanzania

Attached are images of the work done at C4.

Some of the money that was donated has also helped a widow (pictured in the pink geometric wrap) in the community. This is part of Project Poppy that sayari nyuki and CHETI NGO are working towards at the moment. You can find more info about Project Poppy on our website here: <https://sayarinyuki.org/projectpoppy>

We would like to express our thanks to all the students and teachers at Bulli who donated! A toilet block and a plastered school may not seem like much to kids over here, however it makes a world of difference to the students and teachers at Cheti Schools in Tanzania!

Again, I am so sorry it has taken so long! However, the circumstances are vastly different over there, and sometimes it does take months for big projects (like the toilet block) to be finalised because weather and nature does have a different impact over there.

Thank you.

Maeve





# ONE AGENCY

DOWNIE & DENISON-PENDER



**Belinda Pisana**

Clinical & Health Psychologist, MAPS (CClin, CHP)  
B.A. Grad Dip Couns. Psych, M. Psych

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*Proud supporters of the Bulli High School Year 11 2020 Scholarship Program*